

PNMT Spine & Thorax

A Great Need

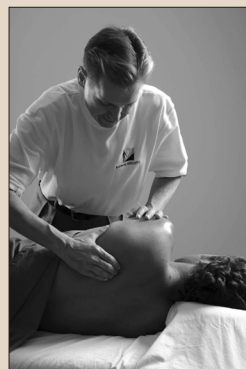
Back pain and pain about the spine is a very prevalent problem in the general population. Studies from the Journal of Spine suggest that over 60% of the population will be affected by back pain; most of those people will receive a vague diagnosis from their physicians as to the source of that pain. One very possible reason is that muscular issues such as Trigger Points may be overlooked as the source of the pain. Muscular causes are truly off the radar screen in medicine today; in a search of published studies about low back pain in the last ten years, less than 1% dealt with muscular causes such as Trigger Points. The need for careful and thorough muscular therapy is massive.

PNMT- It's ALL About Precision

What then comprises truly effective soft tissue work for pain? What about general massage therapy? While the relaxation from general massage is very important, it falls short in addressing the needs of specific pain relief. To truly create change, one must understand the system that creates the pain to intervene effectively.

How is PNMT different than any other work? There are several ways:

- The pressure used is much less. Many approaches use heavy pressure to address muscular problems, which is not only hard on the therapist but counter-productive. Like effective communication, success depends on clarity, not volume.
- The thoroughness of PNMT requires that the areas addressed be limited. Since we cannot treat everything so thoroughly, choices must be made to narrow the field. We use a variety of testing and verification to limit our work to the place of greatest need and impact.
- Measurement is vital. We try to quantify every aspect of our treatment. While this helps us to fine-tune the effectiveness of our work, it is also exactly what other health care providers need to see we get lasting results that can be documented.

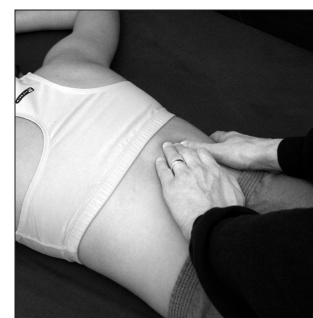
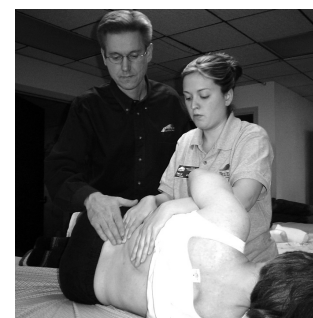
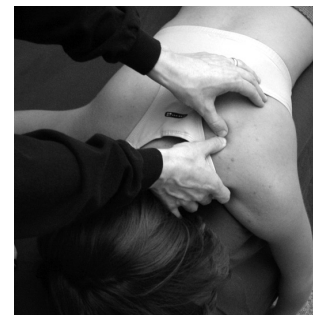


Immediately Applicable

When you invest in a seminar, we believe you should walk away with a new set of problem solving skills to approach the clients you presently see. With regards to the back, scenarios like this are common:

- Your client presents with pain that is worse when getting up from a chair and this lasts for about the first five steps until it improves. Which muscle is it?
- Your client presents with pain when getting up from a chair. This pain is momentary and is gone by the time they stand up straight. This is a totally different problem than the first. What is the problem?
- Your client feels very stiff and can't rotate his/her fully to the left but rotation to the right is fine. What muscles do you work and on what side? How do you measure the restriction and the improvement?
- What is the role of soft tissue therapy concerning disc pathology of the spine?

PNMT will give you the tools to begin to unravel the mystery of the presenting pain and connect the pieces into a coherent and solvable puzzle. PNMT Spine and Thorax will teach you to see, touch, and understand the truly magnificent role that the complex series of muscles we call "the back" is. At the end of the training, you will never see the spine in the same way.



PNMT Seminar Registration Form

Sign up for:
PNMT Spine & Thorax - 19CEH

Date
August 20-22, 2010

Location
Eau Claire, WI

Call 866-325-7668 or register online at www.nmtmidwest.com

Cost \$395
Early registration discount is \$35 before 07/20/10
Reviewer Rate \$225

Name

Address

Phone

Method of Payment

- Check
- Visa
- MasterCard
- American Express

Deposit: \$100
Total cost: \$395

Participant must notify Precision Neuromuscular Therapy of their need to cancel a scheduled seminar. If the participant cancels prior to two weeks, all monies will be refunded except a \$100.00 deposit fee. If the participant cancels two weeks or less before the scheduled seminar, no monies will be refunded.

Credit Card #

Exp. date

Signature

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