



## *New this summer!*

Advanced training in pain treatment from renowned massage therapist Douglas Nelson.

Two workshops offering beneficial instruction for:

**Licensed Massage Therapists • Nurses • Chiropractors • Physical Therapists  
EMTs • Personal Trainers • Occupational Therapists • Aerobic Instructors  
Licensed Pain Physicians • Yoga Instructors • Caregivers**

## *About the Instructor*



Certified Precision Neuromuscular Therapist Douglas Nelson is celebrated in the U.S. and abroad for his clinical research in soft-tissue problems. The founder and principle instructor of Precision Neuromuscular Therapy seminars, Nelson has provided educational seminars to hundreds of groups, from physicians to laypersons. A massage therapist since 1977, he has studied with a host of great educators and worked in several clinical environments. His 16-therapist clinic in Champaign, BodyWork Associates, has been in operation for over 25 years, treating thousands each year.

## *Benefits*

- **Gain greater confidence in anatomy and functional understanding**
- **More clearly understand the cause of pain, not just treat the effect**
- **Invigorate your practice with new approaches**
- **Gain personal satisfaction from knowing how, when, and why to treat a particular muscle**



1315 North Mattis Ave., Champaign IL 61821-1818

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## *A different approach to pain*

# **Douglas Nelson Massage Therapy Continuing Education Workshops Summer 2010**



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